

# ENDOMETRIOSIS AWARENESS MONTH

March brings women, families, and medical communities together for Endometriosis Awareness Month. During this time, millions of people worldwide honor this month to recognize the 176 million women who suffer from this disease.

Endometriosis is a disorder in which tissue much like endometrial tissue (the inner lining of the uterus) migrates to areas outside the uterus. Areas it impacts include ovaries and the Fallopian tubes but can spread even farther. In addition, endometrial-like cells may also transport to other parts of the body. This causes extreme pain in the pelvic region. It can also cause:

- cysts
- adhesions
- heavy periods
- bleeding between periods
- infertility



## ENDOMETRIOSIS AWARENESS MONTH HISTORY

The movement of Endometriosis Awareness began in 1993 when Mary Lou Ballweg was one of eight women who founded it. It first started as a week-long time to recognize those suffering from endometriosis. Eventually, the observance blossomed and grew into Endometriosis Awareness Month that's now observed every year in the United States. Learn more about the causes of and treatments for endometriosis.